A Low-Frequency Tone Sweep Method for in-Service Fault Location in Sub-Carrier Multiplexed Optical Fiber Networks

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Abstract—We demonstrate an optical fiber fault location method based on the frequency response of the modulated fiber optical backscattered signal in a steady state low-frequency step regime. Careful calibration and measurement allows for the reconstruction of the fiber transfer function, which, associated to its mathematical model, is capable of extracting the fiber characteristics. The technique is capable of identifying non-reflective fault events in an optical fiber link and is perfectly compatible with previous methods that focus on the reflective events. The fact that the recovery of the complex signal is performed in the frequency domain and not via a Fourier Transform enables the measurements to overcome the spatial resolution limitation of Fourier Transform incoherent-OFDR measurements even with frequency sweep ranges down to 100-100000 Hz. This result is backed up by a less than 10 meters difference in fault location when compared to standard OTDR measurements.

Index Terms—WDM/SCM-PON, Backscattering Techniques, Optical Time Domain Reflectometry, Signal Processing

I. INTRODUCTION

SINGLED-ENDED optical fiber link characterization techniques have been a point of major focus since the late seventies when Barnosky and others demonstrated that, by measuring the Rayleigh backscattered signal from a pulse sent into the optical fiber, one could extract its physical properties such as attenuation coefficient and eventual power losses along its length [1]. Presently, different techniques for optical fiber characterization are available and standardized such as the Optical Time Domain Reflectometry (OTDR) and Frequency Domain Reflectometry (OFDR) [2]. In any case, embedding any of these fiber-monitoring techniques in Passive Optical Networks (PON) systems remains a challenge in terms of technology and cost-effectiveness not to mention the in-service monitoring paradigm [3], [4].

OTDR makes use of high-power short optical pulses while measuring the Rayleigh backscattered power as a function of time, its spatial resolution being defined by the duration of the optical pulse. OFDR may present two different flavors: coherent-OFDR (C-OFDR), where the wavelength of a low-power continuous-wave coherent light source is swept and the heterodyne beat between the backscattered light signal and a reference reflection is measured; and incoherent-OFDR (I-OFDR), where a radio-frequency optical sub-carrier frequency is swept and, once again, a heterodyne beat between the detected backscattered signal and the modulating signal is measured. In both C- and I-OFDR, the spatial profile of the fiber is obtained from the Fourier Transform of the detected OFDR signal and the frequency range covered by the optical sweep limits its resolution. A very complete review of frequency domain optical network analysis, where the distinctions between C- and I-OFDR, their pro’s, and con’s are highlighted, may be found in [5].

In terms of the apparatus necessary to guarantee reasonable high dynamic range and spatial resolution, OTDR and OFDR differ greatly: on one hand, OTDR must employ high bandwidth detection in order to increase spatial resolution since it is directly proportional to the probe pulse width, which, in general, has a trade-off associated to a reduction of dynamic range since the energy is reduced along with pulse duration [2], [6]. Frequency domain techniques usually make use of a frequency sweep at the source level and a Fourier transform which provides the conversion from frequency to distance based on the sweeping rate. C-OFDR does not require high frequency response detectors since the detection is performed in the base band, but highly coherent sources are needed in order to achieve long range in optical fibers [7]. On the other hand, the resolution of the frequency domain techniques, such as in I-OFDR, are given by the frequency sweep range, which imposes high bandwidth detection bringing up again the trade-off between resolution and dynamic range. High resolution is bandwidth demanding whereas high sensitivity imposes low resolution [8], [9].

Incoherent OFDR measurements have been extensively studied in [8], [10] and Rayleigh scattering has been successfully observed. The mathematical model developed in the time-domain, in [8], concludes that the amplitude of the Rayleigh scattering signal within an optical sub-carrier is inversely proportional to the sub-carrier’s frequency. The equation that models the detected signal is a cardinal sinusoidal function, whose amplitude decays as the frequency grows. Since this is an important aspect of the technique herewith presented, we refer to it as the high-frequency issue), which complicates sig-
nal acquisition due to a compromise relation: if the frequency sweep is short, the amplitude will not decay and detection will not be a problem, but spatial resolution will be limited; on the other hand, increasing the frequency sweep in order to account for a better spatial resolution will cause the amplitude of the signal to drop harshly, and detecting the backscattered signal will be a problem.

Recently, however, Urban et al. [11] showed that fiber monitoring can be accomplished in a Sub-Carrier Multiplexed PON (SCM-PON) context by measuring the Rayleigh backscattered signal from a high-frequency (up to 220MHz was reported) inside a 20MHz band, which translates into a 10 meter achievable spatial resolution. The method resembles the step-frequency method presented in the late eighties by Nakayama et al. [10] although, instead of disregarding the Rayleigh backscattering and focusing on reflective events as in the latter, the effect of the backscattered signal was exploited at its full potential in [11].

An alternative to the high-frequency issue of I-OFDR Rayleigh backscattering measurements would be to perform the fiber monitoring in the low-frequency range, up to a few hundred kilohertz, where the 1/f hindering effect does not yet impose such a hindrance to the signal’s amplitude. The downside of this approach would be the diminished spatial resolution associated to one’s measurement when the Fourier Transform of the acquired signal is taken. In order to overcome this preclusion and, at the same time, improve the signal-to-noise ratio at the receiver’s end, we tackle the fiber characterization procedure in a different manner: instead of taking the Fourier Transform, we attempt to fit the resulting backscattered signal with its associated mathematical model, which, in order to simplify its description, we model as a spatial-dependent phasor and arrive at an equivalent expression to the one found in [8], but in the frequency domain. By employing a fitting procedure developed in MATLAB®, we show that not only a fiber fault’s position but also its magnitude can be identified with high precision.

The application scenario of the proposed technique is that of short to medium reach SCM-PON networks in the context of Analog Mobile Fronthaul [12] since: the system is devised to be readily embeddable to an SCM transmitter; and the dynamic range achieved by the technique limits the reach of the network. The technique’s characteristics and features are the following:

- Cost-effectiveness – a simple low frequency generator and a self-homodyne analog detection system are required;
- In-service monitoring – data transmission is shown not to be affected by monitoring;
- A monitoring unit which is readily embeddable to the transmission system – the data and monitoring signals are combined in a radio-frequency power combiner;
- No need for a dedicated wavelength for fiber monitoring – the monitoring signal is multiplexed in the radio-frequency domain as an extra, low-frequency, SCM channel;
- The capacity of detecting non-reflective events – most I-OFDR measurements focus only on reflective events;
- Single-ended, centralized monitoring – the monitoring solution does not rely on signals sent from the remote nodes;
- 120 seconds monitoring time including the signal processing step – fiber probing takes about 100 seconds;
- 6.2 dB dynamic range;
- 10 meters spatial resolution – backed up by our experimental results;
- A minimum detectable loss of 0.5 dB – also backed up by our experimental results.

Several monitoring solutions have been recently proposed which are also cost-effective and fit into the application scenario herewith described. In [13], a technique is proposed, but it is intended for reflective events and the monitoring system is bi-directional. In a more recent development [14], the authors could be able to identify non-reflective events. However, the basic principle of the technique is still bi-directional. Also, different wavelengths must be available to provide the monitoring solution and the authors do not comment on the impact over data transmission, so in-service monitoring may not be possible. In a different approach, [15] propose a simple and effective monitoring approach which also relies on bi-directional communication. On further developments by the same authors, the bi-directional characteristic has been supplemented by a single-ended monitoring scheme, presented in [16]. It is important to note that all these techniques, on the other hand, offer higher dynamic ranges and spatial resolution when compared to our proposed technique.

The remainder of the article is laid out as follows. In Section II, we present the experimental apparatus, its characteristics, and limitations. Section III attempts to develop an intuitive mathematical model associating the acquired signal to an analytic frequency-dependent function. The relation between a fault’s magnitude and the signal’s amplitude as well as the limitation associated to eventual reflection events along the fiber are also discussed. The experimental results are presented and discussed in Section IV, Section V presents the technique’s limitations and the impact on in-service data transmission, and Section VI concludes the article and details our future points of investigation.

II. Experimental Setup

The experimental apparatus is rather simple and a block diagram identifying its main structures is presented in Fig. 1. A Lock-In Amplifier generates a low-frequency tone, which is directed to the amplitude modulation input of a laser diode so that the optical carrier will have its intensity modulated by the low-frequency tone. Intensity detection is performed and the signal is synchronously analyzed on the same Lock-In Amplifier. According to [11], forcing the measuring time to be higher than the round trip time of the sub-carrier signal inside the fiber is equivalent to measuring the steady state response of the system for a given frequency. This way, determining the relative values of magnitude and phase of the backscattered signal for each frequency value in the range is the same as tracing the system’s transfer function. By setting the time constant of the Lock-In Amplifier to 300 milliseconds...
is sufficient to account for the steady state measurement of any practical optical fiber link available (shorter than $3 \cdot 10^4$ kilometers) and translates into reasonable measuring periods (less than 5 minutes) given that the frequency is swept from 100 Hz to 100 kHz in 100 Hz steps. Furthermore, the sweep time is long enough so that each measurement is acquired after one time constant of the Lock-in Amplifier, which was verified to be short enough to avoid dragging effects on the measured curve. The noise level at each step frequency measurement is $7nV_{rms}/\sqrt{Hz}$ for the Analog Lock-Amplifier model employed in the measurements.

The Lock-In Amplifier generates the sweeping tone which falls inside the 100 Hz to 100 kHz band and is responsible for determining the relative amplitude and phase parameters of the backscattered signal which composes the system’s transfer function. Note, however, that if we take into account the transfer functions of each element apart from the fiber itself and then proceed to calibrate the resulting signal, we get rid of the contribution from the laser diode, the photodetector, the electronic amplifier, and the Lock In, and are left with the fiber’s transfer function. The system’s calibration is achieved by inducing a reflective event at port #2 of the optical circulator and measuring the system’s response. The laser diode operates linearly within a 60 [mA] range centered at 50 [mA] bias current. The low-frequency tone with angular frequency $\omega$ (\(\omega = 2\pi f\)) has a maximum amplitude of 300 mVpp, or 7 mApp, which correspond to one ninth of the full modulation depth since the laser diode’s input impedance is 50 [Ω]. It is important to bound the maximum amplitude of the monitoring channel so that the data channels (up to 8, in our case) can be multiplexed in the same optical carrier without loss of linearity. A detailed characterization of the laser diode can be found in Fig. 2, where the characteristics optical power versus bias current curve is drawn.

Fig. 1: Experimental setup of the SCM-PON baseband tone sweep monitoring. The monitoring signal in the base band (100 Hz to 100 kHz) modulates the Laser Diode. The backscattered signal corresponding to the base tone is amplified by the low-frequency photodetector’s pre-amplifier and sent to the Lock-In Amplifier.

Fig. 2: Characteristic optical power versus bias current curve of the employed laser diode. The laser’s center frequency was measured to be at 1550.32 nm at 25 Celsius. The linewidth of the laser diode, measured as the Full Width at Half Maximum, is approximately 2 MHz. The bias current is set to the middle of the curve, at $\sim 50$ mA to guarantee the linear regime even when the data signals and monitoring signals coexist.

III. MATHEMATICAL FORMULATION

The optical signal launched into the fiber under test (assumed to have a length \(L\)) will carry its modulation properties as will the backscattered signal. Upon detection, the modulated backscattered signal will produce an electrical signal with current amplitude proportional to the field amplitude squared and the detector’s detectivity [17]. If we disregard the DC term after the detection, which is a good assumption since we are performing a steady state matched detection at Lock-In Amplifier, the electric signal entering the Lock-In Amplifier as a function of time can be written as $V(t) = DA \cos(\omega t)$ [11], where $A$ is the detected signal’s current amplitude and $D$ is the photodetector’s detectivity.

For simplicity purposes, we first neglect possible reflective events throughout our mathematical modeling so the total signal intensity arriving at the Lock-In Amplifier is given solely by the incoherent sum of light scattered from all positions of the fiber. Such reflective events, associated to defective connectors and Fresnel reflections due to an abrupt change in the refractive index, will be input to the model after these first considerations are laid out. If we assume the distribution of scattering centers is uniform along the fiber, we can write the signal entering the Lock-In Amplifier as a spatial-dependent phasor in integral form:

$$S(f) = \int_{0}^{L} CDP_0 e^{j2Kz}dz,$$  \(1\)

where $P_0$ is the launched probe signal power at the fiber’s input and $C$ is the Rayleigh scattering coefficient, assumed to be constant along the whole fiber length. $K = n\omega/c + j\alpha$ is the complex wave vector of the modulating signal detected by the Lock-In Amplifier. If we disregard non-linear interactions of the modulating tone such as the non-linear laser’s transfer function or the ones that may arise due to chromatic dispersion during propagation inside the fiber, $K$ includes only the fiber’s attenuation coefficient $\alpha$ in its imaginary part [17], which simplifies the henceforth mathematical derivation. $n$ is the group index of refraction of the fiber.

We now suppose a faulty non-reflective event at position $x$ induces an optical loss, where $0 < \delta < 1$. To take into account this fault, we re-write Eq. 1 as:

$$S(f) = \int_{0}^{x} \tilde{R}e^{j2Kz}dz + \int_{x}^{L} R e^{j2Kz}dz,$$  \(2\)

This is the author’s version of an article that has been published in this journal. Changes were made to this version by the publisher prior to publication.

The final version of record is available at http://dx.doi.org/10.1109/JLT.2017.2678994
where the first integral corresponds to power being scattered back from the portion of the fiber before the loss event whereas the second integral corresponds to power scattered back from the last portion of the fiber, after the fault event at \( x \). The loss factor \( \delta \) appears multiplying the second integral twice (hence, squared) due to the fact that light passes two times through the fault in its round trip and we assume that the transmission coefficient is symmetric (it is the same whether light is propagating from the generator to the load or in the opposite direction). To simplify the expression, we condensed the constants into \( R = CD P_0 \).

Note that the second term in Eq. 2 can be dismembered into two integrals with different limits

\[
\delta^2 \int_0^L Re^{2Kz} dz = \delta^2 \int_0^L Re^{2Kz} dz - \delta^2 \int_0^x Re^{2Kz} dz, \tag{3}
\]

which, when substituted back into Eq. 2, yields

\[
S(f) = \delta^2 \int_0^L Re^{2Kz} dz + (1 - \delta^2) \int_0^x Re^{2Kz} dz. \tag{4}
\]

The signal arriving at the Lock-In Amplifier can, thus, be interpreted as the combination of two parcels: the modulated backscattered signal from a fiber with length \( L \), which contributes with a factor \( \delta^2 \) to the overall optical power; and the modulated backscattered signal from a fiber with length \( x \), which contributes with a factor \( (1 - \delta^2) \) to the overall optical power.

Splitting the expression of \( S(f) \) into two parcels and dealing with the integrals separately, we find that the results are complex sinusoidal functions with the oscillatory parameter (the product \( KL \) which governs the oscillation of the sinusoidal function) being the distance of the fiber:

\[
S_1(f) = \delta^2 \int_0^L Re^{2Kz} dz = A_1 \frac{\sin(KL)}{K} e^{jKL};
\]

\[
S_2(f) = (1 - \delta^2) \int_0^x Re^{2Kz} dz = A_2 \frac{\sin(Kx)}{K} e^{jKx}, \tag{5}
\]

where we have condensed the factors \( \delta^2 R \) and \( (1 - \delta^2) R \) into \( A_1 \) and \( A_2 \), respectively, and \( S(f) = S_1(f) + S_2(f) \). We would like to highlight that this modelling approach is rather intuitive as it has a somewhat direct correspondence to OTDR-like traces, i.e., the signal contributions from different portions of the fiber are independently weighted and piled up forming the resulting trace. The difference here is that, instead of step functions as in the standard OTDR, the signal contributions are sinusoidal functions that oscillate more or less within the frequency range of the sweep depending on the fiber length to which they are associated.

In [8], a similar expression has been derived following a distinct mathematical framework. There, however, the phase factor of the monitoring signal has been disregarded and the authors focused on the magnitude of the phasor in order to obtain an OTDR-like trace by employing a Fourier Transform. As we show in the next section, the phase factor is rather sensitive to changes in the fiber and, if used in conjunction with the magnitude information, may raise the precision of fault location. In order to take both the phase and magnitude informations into account, a fitting procedure in the complex frequency domain is necessary and, although the result is not presented as an OTDR-like trace but, rather, as an event list, it is possible to extend the spatial resolution beyond the limit imposed by the Fourier Transform.

Although the Fourier Transform operator is unambiguous, there are some pitfalls that may arise from computational methods: the non-localizability of the Fourier Transform operator causes it to interpret all frequency components with the same weight; for that reason, there are several methods in the literature that focus on enhancing the localizability of the Fourier Transform operator through signal processing in order to enhance the spatial resolution of frequency measurements ([18] and references therein). Such methods, however, tend to be very expensive in computational complexity even though the result is equivalent to the fitting procedure demonstrated in this document. The fitting procedure on the frequency domain is much more attractive in our application since the phase information is highly dependent on the position of the break which translates into a computationally cheap and accurate method for determining the position of a fault thus enhancing the achievable spatial resolution with respect to a straightforward Fourier Transform.

The result conveyed by Eq. 5 is that \( S(f) \) is the sum of two sinusoidal terms which take different arguments corresponding to the length of fiber traversed by the backscattered optical signal. From the expressions of Eq. 5, we may attempt to write a generic term \( S_\alpha \) for the backscattered signal from a fiber of arbitrary length \( X \). This generic term is a function of both the frequency and the fiber length and has the form presented below, where we took the liberty of expanding and simplifying all terms:

\[
S_\alpha(f, X) = e^{\frac{4\pi}{c} f X} \frac{e^{-2\alpha X}}{j \pi} - 1. \tag{6}
\]

Note that, for an arbitrary number of non-reflective faults along the fiber link, the procedure presented in Eq. 3 can be used indefinitely. Moreover, the backscattered signal from an optical fiber link which contains a number \( N \) of fault events along its length will be represented as the sum of \( N \) generic terms presented in Eq. 6, each dependent on the fault position \( X_i \) and with different amplitude factor \( A_i \), so we may write:

\[
S(f) = \sum_{i=1}^{N} A_i S_\alpha(f, X_i). \tag{7}
\]

The expression of \( A_i \) gets progressively intricate as the number of fault event rises as can be perceived from the right-hand side of Eq. 4: with \( N \) terms, for instance, the value of \( A_N \) depends on the values of all \( A_i \) from \( N - 1 \) down to \( 1 \) which also holds true for \( A_{N-1} \) and so forth. Extending the expression of \( A_i \) for any number of fault events yields the following:

\[
A_i = \left( \prod_{n=0}^{i-1} \delta_n^2 \right) (1 - \delta_i^2). \tag{8}
\]

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Once the non-reflective events have been considered and modeled, we turn our attention to the parcel associated to reflective events. Observing reflections along an optical fiber link has been a matter of extensive research and, as previously commented, Nakayama et al. were able to detect such reflections with a similar experimental apparatus [10].

In a way, therefore, reflection events are manageable and the method hereby proposed offers a means of not only identifying these specific events, but also the non-reflective ones. As we know, reflective events are always accompanied by a loss of intensity due to energy conservation conditions (namely, the $r^2 + t^2 = 1$ condition at any partially reflective interface) but the converse does not hold, i.e., an intensity loss may or may not be accompanied by a reflection. Generally, loss events that are not associated to a reflection peak in standard OTDR measurements are due to absorption or irradiation effects, such as macro- and micro-bend losses [19].

Reflection events are more easily observed since the high-frequency issue does not arise in modeling its amplitude and a sinusoidal function which reflected back will arrive at the Lock-In Amplifier as a sinusoidal function with lesser magnitude and constant phase. Hence, taking reflective events into account is as straightforward as including a constant magnitude and constant phase factor to the model. We, then, rewrite Eq. 7 as

$$S(f) = \sum_{i \in I} A_i S_g(f, X_i) + \sum_{\ell \in I_R} B_{\ell} e^{j K X_\ell}$$

(9)

with $I_R \subseteq I$, meaning that the set of reflective events is a subset of all the events but not necessarily equal to the latter.

In the same fashion as Nakayama et al. considered the Rayleigh backscattering some sort of noisy contribution that could spoil the reflection measurements performed [10], we consider the reflection events as noisy contributions that can spoil our fiber characterization method. In other words, the proposed technique has limitations which are not dependent on the monitoring apparatus itself, but rather on the conditions of the fiber. Reflective events spoil the signal on which the monitoring technique is based and, therefore, non-reflective faults that would otherwise be detected, may not be, due to the fact that the detector is overloaded with power coming from an eventual reflection event. In other words, the back-reflected distributed Rayleigh power carries very low power and a high reflection event can, eventually, undermine this signal.

In order to exemplify this effect, let us focus on the two terms of Eq. 9, which can give very different contributions depending on the intensity of the reflective events. In fact, Rayleigh backscattering coefficients of fibers are typically -72 dB/m whereas an FC/PC connector reflectivity reaches, typically, -30 dB [2]. This means that, in a 10 m-resolution measurement, the second term will be 3 orders of magnitude greater than the first, completely smearing out its contribution. This is a typical feature of frequency domain measurements, where the signal coming from all parts of the fiber contributes to each data point.

Even though discrete reflective events may spoil the detection of the distributed Rayleigh signal, on which our monitoring proposal is based, dealing mathematically with such events is straightforward: when the backscattered signal is dominated by high reflective events the signal is basically given by a combination of sine waves, the second term in Eq. 9. However, high reflective events are normally avoided in installed lines due to their deleterious effect in data transmission. Hence, the monitoring challenge is dealing with non-reflective events, which are the ones related to installed fiber degradation such as sharp bends, fiber breaking, etc. Therefore, we focus, here, on the detection of a non-reflective fault as a proof of concept.

A. Analysis Algorithm

The mathematical model presented here is similar to the one previously developed in [8] but with a different approach, namely the development in the frequency domain. We represent the incoming signal as an integral of phasors originated from the modulated light coming from distinct portions of the fiber. The intuitiveness of the model is useful since the signal is not transformed back to the spatial domain as in standard C- or I-OFDR, and the results are given in the form of an event table as opposed to an OTDR-like trace. The algorithm developed to treat the signal, even though simple and still limited, enables highly reliable fault location, as backed by our experimental results contrasted to standard OTDR measurements. This is possible due to the fact that several signal component candidates (which take the generic form presented in Eq. 6) may be tested, and the one that best approximates the acquired complex signal in the frequency domain is selected. Using the phase information combined with the magnitude information of the backscattered signal enabled a highly accurate fault acquisition process.

Observe that, from a systematic point of view, if one was capable of identifying which phasors compose the data series, all the fault positions could be determined accurately – see Eq. 7. This is equivalent to finding all the generic terms of Eq. 6 that compose the signal and their respective amplitude coefficients. Since the acquisition procedure may induce errors as well as a change of parameters (such as attenuation coefficient or refractive index), in order to best estimate the components of the data series, the analysis algorithm attempts to fit the amplitude and phase profiles based on the theoretical signal component candidates and on the standard values of the fiber’s parameters. The procedure was developed based on an extensive search heuristic and ran on MATLAB®.

The first step of the algorithm is the discretization step; the full fiber length is divided into an integer number of points, each corresponding to number of meters. This is an important step, since the analysis time will depend on how fine the discretization is and, at the same time, it will also impact on the achievable spatial resolution. The second step is the extensive search step: for each discretized position of the fiber, the algorithm calculates its correspondent phasor using Eq. 6; the new component is summed to the original (reference) fiber profile and the algorithm loops within all the possible discretized fiber positions adjusting the amplitude of the new candidate. The amplitudes must be recalculated at each loop run since, from Eq. 8, we observe that the modification of one of the coefficients impacts on all the others. The criterion to
determine the best candidate is an L2 norm criteria, i.e., the minimum square error between the measured fiber profile and the one calculated by the algorithm.

In order to improve the algorithm’s response, a few processing steps are carried out before entering the extensive search step, which are the following. We employ a Hodrick-Prescott filter [20] on the raw data series to remove high-frequency noise that arise due to the data acquisition method. To make sure the algorithm will not privilege low frequency oscillations that correspond to fiber positions closer to the central office in detriment of the high frequency oscillations associated to positions farther away, we multiply the whole data series by \( K \) – see Eq. 5. We have found that fitting the data series by concatenating the real and imaginary parts of the spatial-dependent phasor yields better results, so the data is preformatted accordingly.

Note that the nature of the mathematical model enables one to test an arbitrary number of generic components in order to best estimate the fiber fault position. In a sense, the spatial resolution is limited by the amount of generic components the user is inclined to test. The higher this number (or the smaller the difference from one discretized point to the other, in meters), the longer the algorithm will take to come up with a result. For all the experimental results presented in the next Sections, the generic components were created each separated by 1 meter, i.e., for a 4-km fiber, four thousand components will be tested and the one that best fits the acquired signal will be selected. Lowering the separation below 1 meter will be computationally costly and ever slower, for which reasons we set 1 meter as our default separation between generic components achieving a \( \sim 20 \) seconds computing time, since most of the fiber testbeds presented in the Experimental Results Section are within this length.

Even though the algorithm needs a previous reference measurement to be practicable, the reference can be updated every time a new fault is detected, which may be performed automatically. This way, an initial reference measurement is performed when the fiber is installed and then the system probes the fiber and updates the reference with the new measurement results. Furthermore, since the measurement result, i.e., the frequency-domain profile acquired by the Lock-In Amplifier, consists of a list of few entries (less than 10 thousand points, usually) and, therefore, occupies negligible memory space, multiple measurements can be stored and indexed by date, so that different conditions of the fiber can be compared over time.

IV. EXPERIMENTAL RESULTS

We first wish to validate the mathematical modeling of the signal arriving at the Lock-In Amplifier. For that, we simulated the results from Eq. 7 using \( N = 1 \), \( X = 1.55\text{km} \), and a frequency range of 100Hz to 100kHz. We then compared the amplitude and phase data with the results acquired from measuring a 1.55-km standard optical fiber within the same frequency range using our proposed method. The amplitude of the modulating signal throughout all experiments were kept at one eighth of the full modulation depth. The result is depicted in Fig. 3.

Even though the results show good agreement between simulated and experimentally acquired data, there is still a slight discrepancy, specially in the phase data series. Note, however, that the generic term presented in Eq. 6 depends on \( f \) and \( X \) but also on \( \alpha \) and \( n \), the fiber’s attenuation coefficient and the group index of refraction of the fiber, respectively. Since, from an optical link monitoring perspective, there is usually no \textit{a priori} access to such information, we utilized standard values within the International Telecommunication Union (ITU-T) specification range, i.e., \( \alpha = 0.21\text{dB/km} \) and \( n = 1.447 \) [21]. Nevertheless, these values may suffer variations from one fiber to the other and the discrepancy perceived between simulated and experimental data may be attributed to that.

In order to further investigate the correspondence between the mathematical model and the experimentally acquired data, as well as determining the availability of this fiber characterization method, we conducted laboratory tests referenced by a standard OTDR device with previously unknown fibers (unknown length and attenuation coefficient). First, the amplitude and phase profiles were extracted from the fiber in its original configuration using the Lock-In Amplifier. Afterwards, a fiber bend loss was induced in an arbitrary position also with unknown magnitude. The goal is to identify how a fiber bend alters the transfer function’s profile, so the amplitude and phase profiles of the modified fiber were extracted using the Lock-In Amplifier.

From the results of Fig. 4-a and Fig. 4-b, it is clear that tempering with the fiber has a direct effect on the signal measured with the Lock-In Amplifier, so the possibility of quantifying the effect by employing our knowledge of the mathematical model is a straightforward assumption.

To assess the capability of identifying a fault event along an optical fiber link, the OTDR trace of the unknown fiber was acquired in its original and fault-induced conditions. The results from the Low-Frequency technique were analyzed by the presented analysis algorithm. We tested two different optical links: Link #1 has its amplitude versus phase profile presented.
in Fig. 4 and corresponds to a 4.90-km long composition of two fibers with the induced fault at \( \sim 1.58 \) kilometers. Link #2 corresponds to a 6.67-km composition of two fibers with the induced fault at \( \sim 3.36 \) kilometers. The results are shown in Table I, for which we found a less than 10 meters difference between the standard OTDR and the low-frequency sweep measurements in both cases. This results are a clear indication that the Fourier Transform limitation of I-OFDR has indeed been overcome since a 100kHz frequency sweep would allow for a maximum spatial resolution of 2 kilometers.

### Table I: Standard OTDR vs Low-Frequency Sweep

<table>
<thead>
<tr>
<th></th>
<th>Standard OTDR</th>
<th>Low-Frequency Sweep</th>
</tr>
</thead>
<tbody>
<tr>
<td>Link #1</td>
<td>1.587</td>
<td>1</td>
</tr>
<tr>
<td>Link #2</td>
<td>3.363</td>
<td>0.5</td>
</tr>
</tbody>
</table>

A snippet of the program’s prompt is presented in Fig. 5, where an induced fault has been successfully determined by the algorithm. These results have been taken inducing a 0.7 dB non-reflective fault event on Link #1 at the 1.587 km with an already known 0.2 dB fault at 3.756 km. The results in the lefthand side boxes are already pre-formatted as described in the Analysis Algorithm Subsection. The developed algorithm, along with a testbench data series, is available at [22].

In order to infer the resolution that can be achieved with the technique, a \( \sim 1.1 \) km-fiber link was prepared by splicing 10 stretches of fiber, with \( \sim 0.11 \) km each. We could, then, introduce a \( \sim 1 \) dB loss at any splice position, measure it with an OTDR and also with our low frequency tone sweep method and compare the measurements. The results from the proposed technique and from the classical OTDR are plotted against each other in Fig. 6 and not only attest that the model describing the Rayleigh backscatter signal is robust, but also indicates that fiber monitoring could be achieved using the low-frequency step method with an average spatial resolution of 10 meters. The position of the fault is determined by the extensive search algorithm. The reference measurements for each faulty fiber is acquired via a standard OTDR measurement. Small refractive index differences between the spliced fibers composing the link and the algorithm’s lack of precision are the responsible for the discrepancy between reference and measured fault positions. This discrepancy is translated on the deviation of the linear fit’s slope.

![Fig. 5: The developed algorithm’s front panel. The boxes on the left side show: the original fiber signature versus the acquired data, which is the data series to be fitted; and the best approximation found by the algorithm versus the acquired data. The box on the right is a description of the algorithm processing stage. The results (detected fault’s position and magnitude) can be found in this box.](image)

![Fig. 6: Estimated position of the non-reflective induced fault in the \( \sim 1.10 \)-km using the low-frequency sweep and standard OTDR methods. The inset details the histogram of the estimated position error with no more than 20 meters errors. The results show that the low-frequency method can accurately determine the position of a new fault on an optical fiber link.](image)
V. LIMITATIONS AND IMPACT ON DATA TRANSMISSION

To evaluate the limitations of the monitoring method, the achievable dynamic range was investigated. Since the output signal is not a standard OTDR trace, a different methodology had to be developed in order to determine the dynamic range: a loss with increasing magnitude was induced in a 1.55-km optical fiber and the resulting backscatter profile was processed by the developed algorithm. The induced loss was also characterized by a standard OTDR, which acted as a reference value. Table II, shows the intensity of the induced real loss (OTDR measurement) which varies from a clean link to a link with a loss of 6.9 dB in steps of ~2 dB. Note that the contribution of the break component varies from 0% (clean link) to 100% (maximum achievable dynamic range).

<table>
<thead>
<tr>
<th>Real Loss [dB]</th>
<th>Loss Component Contribution [%]</th>
<th>Fiber End Contribution [%]</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0.00</td>
<td>100.00</td>
</tr>
<tr>
<td>1.50</td>
<td>43.15</td>
<td>56.85</td>
</tr>
<tr>
<td>2.60</td>
<td>67.64</td>
<td>31.35</td>
</tr>
<tr>
<td>4.70</td>
<td>77.48</td>
<td>22.51</td>
</tr>
<tr>
<td>6.20</td>
<td>97.52</td>
<td>2.48</td>
</tr>
<tr>
<td>6.90</td>
<td>100.00</td>
<td>0.00</td>
</tr>
</tbody>
</table>

The fiber end contribution varies inversely, as expected. According to these results, the dynamic range is limited to a maximum of ~ 6.2 dB, i.e., the maximum attenuation throughout the link which still permits one to identify the fiber end. In the access systems of RoF, the optical link distribution does not, usually, exceed 15 km. Therefore, even though the technique achieves low dynamic range, it is an interesting candidate for short range mobile fronthaul applications with low optical splitting ratios [11].

The possibility of in-service network monitoring has been assessed by measuring the resulting Error Vector Magnitude (EVM_{rms}) for different data signal amplitude under two conditions: with; and without the monitoring tone. Once again, the monitoring tone amplitude was kept at one eighth of the laser’s full modulation depth in order to simulate an eight-channel SCM network. The result indicates that the monitoring signal deteriorates the quality of the communication, even if by a very small factor. Under these conditions, however, the required EVM_{rms} for LTE communication is respected with a large margin [23].

It can be observed that, above a certain value of the data signal’s amplitude, the quality of communication is deteriorated. This behavior is associated to the laser’s non-linear response region, achieved when the modulation signal violates the laser’s full modulation depth at around 1.5 [Vpp], or 30 [mA].

VI. CONCLUSIONS

The recent interest in the deployment of SCM-PON and cost restrictions imposed by modern commercial needs bring up low cost embedded monitoring techniques as an essential tool for operational success of access networks. Although a method capable of replacing one optical sub-carrier channel by a monitoring probe has been presented in [11], dynamic range is limited by the 1/f factor impairing backscattering measurements inside an optical sub-carrier. The results presented here show that an embedded in-service short-reach link monitoring can be performed and the impact over data transmission is expected to be not higher than the cross contribution from any two sub-carrier channels due to the probe signal’s very nature. Using the baseband for monitoring purposes, the method benefits of the high-sensitivity low-frequency detection and further overcomes the high-frequency issue, fully preserving the RF sub-carrier band for data transmission. Fulfilling the steady state condition over the round trip path along the fiber during the measurement is imperative for the performance of the technique and a feature that distinguishes it from the technique presented in [10]. Nevertheless, minute-long measurement times are achieved in fibers a few kilometers long.

We believe that, as the method developed by [11], the method presented here may also figure as a good candidate for embedded in-service short-reach SCM-PON monitoring, not demanding a sub-carrier channel for that purpose. Assuming that the data channels are delegated to highest frequencies (in the order of hundreds of megahertz), the base band would be unoccupied and could be reserved for the low-frequency probing tone herewith described. We also believe that the standard deviation reported in Figure 6 is the limitation of localizability of the phase measurement even when the fitting procedure in the frequency domain is employed. Even though we surpass the standard Fourier Transform limitation, there is still a Fourier Transform limitation to the technique, i.e., we cannot retrieve perfect information of the fiber unless an infinite frequency span is performed. Unfortunately, the Lock-In Amplifier employed in the measurements is incapable of reaching higher than 100 kHz frequencies and, therefore, we are limited to this spatial resolution of ~ 10 meters. Higher frequency spans should improve the resolution, so conducting the experiments with a device specified for higher frequencies is a goal for future developments. Location of multiple faults is, unfortunately, still impracticable with the present signal processing technique since the monitoring time would be too long. We believe, however, that the signal analysis can be achieved in reasonable timing and leave it as our major future point of investigation. Signal processing research efforts have
also been directed to the problem of sorting the position of a fault inside a point-to-multipoint PON.

ACKNOWLEDGMENT
The Innovation Centre, Ericsson Telecomunicações S.A., Brazil and brazilian agencies CNPq and FAPERJ supported this work.

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